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AcuMed Medical Group

# HEALTH SCREENING PACKAGES

Your Health Companion For Life

\*Fasting and Non-Fasting Options Available

All information in this brochure is accurate at the time of printing. Please approach us for updated prices. Version 2024/1

# PREPARATION FOR YOUR HEALTH SCREENING APPOINTMENT

#### **Before Screening**

• Fasting of at least 8-10 hours is required prior to your appointment. Only consumption of plain water is allowed.



- Routine medication for heart conditions/high blood pressure can be consumed.
- For diabetic patients, please refrain from taking your diabetic medication on the morning of your appointment.
- For ladies: Pap smear, urine and stool tests should be done at least 5 days before or after your menstruation cycle.

#### On the Day of your Screening

- Bring along your identification document (NRIC/Passport/E Pass/ S Pass/Work Permit).
- Schedule an appointment for a postreview with your doctor after completing your screening.



For Non-Fasting Option

- Please note that these packages use the result of Direct LDL vs the usual Cholesterol LDL which may produce raised values and sometimes be attributed to food and drink consumption within a few hours before the screening.
- This may require a repeat test of fasting lipid profile to get a more accurate representation of your health condition.
- Non-Fasting option is however not suitable for individuals with anemia.
- For individuals who are considering abdominal ultrasound tests, fasting is still required.

#### **Post Screening**

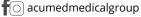
- Your report will be ready within 5 7 working days.
- Post-review: The Doctor will discuss the report with you in detail and provide recommendations as necessary.





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## ACTIVE

#### **Physical Examination**

- Height & Weight
- Blood Pressure
- Vision

#### **Diabetes Screen**

- Blood Glucose Levels or
- Glucose (Random) + HbA1c (if non-fasting)

#### **Cholesterol Screen**

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio
- LDL Cholesterol or Direct LDL (if non-fasting)
- Triglycerides

## ELEVATE

### **\$7**3

\$43

Physical Examination Diabetes Screen Cholesterol Screen Kidney Screen (Basic) Liver Screen (Comprehensive)

- GGT, AST, ALT
- Total Bilirubin
- Alkaline Phosphatase
- Total Protein
- Albumin, Globulin, Alb/Glob Ratio

#### Haematology Screen (Basic)

- Haemoglobin
- Total RBC, Total WBC, Platelets, PBF, RBC Indices

#### **Urine Analysis**

• Urine FEME

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## DYNAMIC

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Basic) • GGLASLALT

#### Kidney Screen (Basic)

- Urea
- Creatinine
- eGFR

## FRESH

## \$83

\$53

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Comprehensive) Haematology Screen (Comprehensive) • Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices

Differential Counts

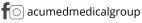
#### Bone & Joint Screen (Basic)

• Uric Acid

#### Kidney Screen (Comprehensive)

- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

#### **Urine Analysis**





### **GLOW**

### \$103

**Physical Examination Diabetes Screen Cholesterol Screen** Liver Screen (Comprehensive) Kidney Screen (Comprehensive) **Haematology Screen Bone & Joint Screen** 

- Uric Acid
- Calcium, Phosphate

#### **Thyroid Screen**

• Free T4, Thyroid Stimulating Hormone (TSH)

#### **Hepatitis Screen**

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen

#### **Urine Analysis**

**ECG** 

### PRIME

**Physical Examination Diabetes Screen Cholesterol Screen** Liver Screen **Kidney Screen Haematology Screen Bone & Joint Screen** Thyroid Screen **Hepatitis Screen** 

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen

#### Hepatitis C **STD Screen**

- HIV Antibodies
- Syphilis (VDRL/TPHA)

#### **Cancer Screen (Basic)**

- Liver (AFP) Colon (CEA)
- **Urine Analysis** ECG

### \$153

### **Physical Examination Diabetes Screen Cholesterol Screen**

#### Liver Screen

- **Kidney Screen**
- **Haematology Screen**
- **Bone & Joint Screen**
- **Thyroid Screen**
- **Hepatitis Screen**

#### **STD Screen**

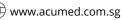
#### **Cancer Screen (Comprehensive)**

**REJUVENATE \$203** 

- Liver (AFP)
- Colon (CEA)
- Gastrointestinal (CA-19.9)
- Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3) Q
- Ovary (CA-125) Q
- Prostate (PSA)
- **Urine Analysis** ECG











#### STRENGTH \$293

**Physical Examination Diabetes Screen Cholesterol Screen** Liver Screen (Comprehensive) **Kidney Screen (Comprehensive) Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen (Comprehensive) Cardiac Risk Screen**  HS C-Reactive Protein (HS CRP) **Blood Group** 

 ABO Blood Group **Urine Analysis** ECG

### **TENACITY**

**Physical Examination Diabetes Screen Cholesterol Screen Liver Screen Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen Cardiac Risk Screen Blood Group Urine Analysis Stool Analysis**  Stool Occult Blood Test ECG

ULTRA FOR WOMEN ONLY

**Add-on Pap Smear to Tenacity** 

### VITALITY

\$333

### \$393

**Physical Examination Diabetes Screen Cholesterol Screen** Liver Screen **Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen Cardiac Risk Screen Blood Group** Vitamin Screen (Basic) • 25-Hydroxyvitamin D **Urine & Stool Analysis** ECG PAP Smear Q

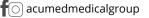
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\$363



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### WELLNESS \$493

#### **Physical Examination**

- Diabetes Screen
- **Cholesterol Screen**
- **Liver Screen**
- **Kidney Screen**
- **Haematology Screen**
- **Bone & Joint Screen**
- **Thyroid Screen**
- **Hepatitis Screen**
- **STD Screen**
- Can<mark>cer</mark> Screen
- Cardiac Risk Screen

#### **Blood Group**

Vitamin Screen

#### (Comprehensive)

- 25-Hydroxyvitamin D
- Folate (Folic Acid)
- Transferrin Saturation
- Iron, TIBC, Ferritin

#### Urine & Stool Analysis ECG Pap Smear Q

## ZEST

#### Physical Examination

- Height & Weight
- Blood Pressure
- Vision

#### Diabetes Screen

- Blood Glucose Levels or
- Glucose (Random) & HbA1c (if non-fasting)

#### **Cholesterol & Cardiac Risk Screen**

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio, Triglycerides
- LDL Cholesterol or Direct LDL (if non-fasting)
- HS C-Reactive Protein (HS CRP)

#### Liver Screen (Full)

- GGT, AST, ALT
- Total Bilirubin, Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio

#### Kidney Screen (Full)

- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

#### Haematology Screen

- Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices
- Differential Counts

#### **Bone & Joint Screen**

• Uric Acid, Calcium, Phosphate

#### **Thyroid Screen**

Free T4, Thyroid Stimulating Hormone
 (TSH)

#### **Hepatitis Screen**

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen
- Hepatitis C

#### STD Screen

• HIV Antibodies, Syphilis (VDRL/TPHA)

#### Cancer Screen

- Liver (AFP), Colon (CEA), Gastrointestinal (CA-19.9), Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3), Ovary (CA-125)
- Prostate (PSA)

#### **Blood Group**

ABO Blood Group

#### Vitamin Screen

- 25-Hydroxyvitamin D
- Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin

#### **Hormonal Screen**

- Estradiol (E2)
- Follicle Stimulating Hormone (FSH)
- Progesterone
- Testosterone
- Luteinizing Hormone (LH)
- Prolactin

#### **Urine & Stool Analysis**

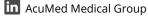
Urine FEME, Stool Occult Blood Test

ECG Pap Smear 9

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## \$593

### **HEALTH SCREENING PACKAGES**

PACKAGES	ACTIVE	DYNAMIC	ELEVATE	FRESH	GLOW	PRIME	REJUVENATE	STRENGTH	TENACITY	VITALITY	WELLNESS	ZEST
PRICE (BEFORE GST)	\$43	\$53	\$73	\$83	\$103	\$153	\$203	\$293	\$333	\$393	\$493	\$593
PHYSICAL EXAMINATION												
Height & Weight	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Blood Pressure Measurement	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Vision Test	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
INVESTIGATION												
ECG					$\checkmark$	$\checkmark$	<ul> <li>Image: A start of the start of</li></ul>	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
PAP SMEAR ♀									Ultra +\$30	$\checkmark$	$\checkmark$	$\checkmark$
DIABETES SCREEN - Measures the level of sugar in your blood												
Blood Glucose *Glucose (Random) + HbA1c (If non- fasting)	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
CHOLESTEROL & CARDIAC RISK SCREEN - Determines your risk of developing cardiovascular diseases such as heart attack												
Full Cholesterol Profile *Direct LDL (If non-fasting)	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
HS C-Reactive Protein (HS CRP)								$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
LIVER SCREEN - Determines the health of your liver												
Basic - GGT, AST , ALT		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Comprehensive - Total Bilirubin. Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
KIDNEY SCREEN - Determines the	health of your kidn	ey										
Basic - Urea, Creatinine, eGFR		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Comprehensive - Potassium, Sodium, Chloride, Bicarbonate				$\checkmark$	$\checkmark$	$\checkmark$	<ul> <li></li> </ul>	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
BONE & JOINT SCREEN - Identifies your risk of bone and joint disorders												
Basic - Uric Acid				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Comprehensive - Phosphate, Calcium					$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
THYROID SCREEN - Measures the health of your thyroid gland, which produces hormones to regulate many body functions												
Free T4, Thyroid Stimulating Hormone (TSH)					$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$





### **HEALTH SCREENING PACKAGES**

PACKAGES	ACTIVE	DYNAMIC	ELEVATE	FRESH	GLOW	PRIME	REJUVENATE	STRENGTH	TENACITY	VITALITY	WELLNESS	ZEST
PRICE (BEFORE GST)	\$43	\$53	\$73	\$83	\$103	\$153	\$203	\$293	\$333	\$393	\$493	\$593
HAEMATOLOGY SCREEN - Provides insight of your overall health and other conditions such as anaemia, blood infection and lukemia												
Basic - Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Comprehensive - Differential Counts				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
ABO BLOOD GROUP												
Blood Group								$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
HEPATITIS SCREEN - Detects presence of liver infection and/ or disease and measures the level of immunity.												
Hepatitis A, Hepatitis Bs Ab + Bs Ag					$\checkmark$							
Hepatitis C						$\checkmark$						
CANCER SCREEN - Detects potential presence of cancer												
Basic - Liver (AFP), Colon (CEA)						$\checkmark$						
Comprehensive - Gastrointestinal (CA19.9), NasopharyIngeal (EBV EA + EBNA-1 IgA), Breast (CA - 15.3), Ovary (CA - 125) Q Prostate (PSA)							$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
STD SCREEN - Detects sexually tran	nsmitted diseases	L										
HIV, Syphilis (VDRL/TPHA)						$\checkmark$						
VITAMIN SCREEN - Provides insight	t/ measures the lev	vels of various vita	mins and minerals	in your body.								
25-Hydroxyvitamin D										$\checkmark$	$\checkmark$	$\checkmark$
Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin										$\checkmark$	$\checkmark$	$\checkmark$
HORMONAL SCREEN - Reveals info	ormation about leve	els of hormones in	your body									
Estradiol (E2)     Folicle Stimulating Hormone     (FSH)     Progesterone     Testosterone     Luteinizing Hormone (LH)     Prolactin												$\checkmark$
URINALYSIS - Detects possible conditions such as urinary tract infections, kidney impairment and presence of diabetes												
Urine FEME			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
STOOL ANALYSIS - Detects for colorectal issues												
Stool Occult Blood Test									$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
									V V	V V	v	v



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