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- 2. Partner privileges are available. For more information, please scan the QR code above.



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AcuMed Medical Group

HEALTH SCREENING PACKAGES

Your Health Companion For Life

*Fasting and Non-Fasting Options Available

All information in this brochure is accurate at the time of printing. Please approach us for updated prices. Version 2024/1

PREPARATION FOR YOUR HEALTH SCREENING APPOINTMENT

Before Screening

• Fasting of at least 8-10 hours is required prior to your appointment. Only consumption of plain water is allowed.



- Routine medication for heart conditions/high blood pressure can be consumed.
- For diabetic patients, please refrain from taking your diabetic medication on the morning of your appointment.
- For ladies: Pap smear, urine and stool tests should be done at least 5 days before or after your menstruation cycle.

On the Day of your Screening

- Bring along your identification document (NRIC/Passport/E Pass/ S Pass/Work Permit).
- Schedule an appointment for a postreview with your doctor after completing your screening.



For Non-Fasting Option

- Please note that these packages use the result of Direct LDL vs the usual Cholesterol LDL which may produce raised values and sometimes be attributed to food and drink consumption within a few hours before the screening.
- This may require a repeat test of fasting lipid profile to get a more accurate representation of your health condition.
- Non-Fasting option is however not suitable for individuals with anemia.
- For individuals who are considering abdominal ultrasound tests, fasting is still required.

Post Screening

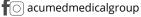
- Your report will be ready within 5 7 working days.
- Post-review: The Doctor will discuss the report with you in detail and provide recommendations as necessary.





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ACTIVE

Physical Examination

- Height & Weight
- Blood Pressure
- Vision

Diabetes Screen

- Blood Glucose Levels or
- Glucose (Random) + HbA1c (if non-fasting)

Cholesterol Screen

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio
- LDL Cholesterol or Direct LDL (if non-fasting)
- Triglycerides

ELEVATE

\$73

\$43

Physical Examination Diabetes Screen Cholesterol Screen Kidney Screen (Basic) Liver Screen (Comprehensive)

- GGT, AST, ALT
- Total Bilirubin
- Alkaline Phosphatase
- Total Protein
- Albumin, Globulin, Alb/Glob Ratio

Haematology Screen (Basic)

- Haemoglobin
- Total RBC, Total WBC, Platelets, PBF, RBC Indices

Urine Analysis

• Urine FEME

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DYNAMIC

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Basic) • GGLASLALT

Kidney Screen (Basic)

- Urea
- Creatinine
- eGFR

FRESH

\$83

\$53

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Comprehensive) Haematology Screen (Comprehensive) • Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices

Differential Counts

Bone & Joint Screen (Basic)

• Uric Acid

Kidney Screen (Comprehensive)

- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

Urine Analysis





GLOW

\$103

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Comprehensive) Kidney Screen (Comprehensive) **Haematology Screen Bone & Joint Screen**

- Uric Acid
- Calcium, Phosphate

Thyroid Screen

• Free T4, Thyroid Stimulating Hormone (TSH)

Hepatitis Screen

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen

Urine Analysis

ECG

PRIME

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen **Kidney Screen Haematology Screen Bone & Joint Screen** Thyroid Screen **Hepatitis Screen**

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen

Hepatitis C **STD Screen**

- HIV Antibodies
- Syphilis (VDRL/TPHA)

Cancer Screen (Basic)

- Liver (AFP) Colon (CEA)
- **Urine Analysis** ECG

\$153

Physical Examination Diabetes Screen Cholesterol Screen

Liver Screen

- **Kidney Screen**
- **Haematology Screen**
- **Bone & Joint Screen**
- **Thyroid Screen**
- **Hepatitis Screen**

STD Screen

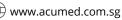
Cancer Screen (Comprehensive)

REJUVENATE \$203

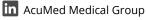
- Liver (AFP)
- Colon (CEA)
- Gastrointestinal (CA-19.9)
- Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3) Q
- Ovary (CA-125) Q
- Prostate (PSA)
- **Urine Analysis** ECG











STRENGTH \$293

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen (Comprehensive) **Kidney Screen (Comprehensive) Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen (Comprehensive) Cardiac Risk Screen** HS C-Reactive Protein (HS CRP) **Blood Group**

 ABO Blood Group **Urine Analysis** ECG

TENACITY

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen Cardiac Risk Screen Blood Group Urine Analysis Stool Analysis Stool Occult Blood Test ECG

ULTRA FOR WOMEN ONLY

Add-on Pap Smear to Tenacity

VITALITY

\$333

\$393

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen **Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen STD Screen Cancer Screen Cardiac Risk Screen Blood Group** Vitamin Screen (Basic) • 25-Hydroxyvitamin D **Urine & Stool Analysis** ECG PAP Smear Q

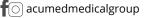
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\$363



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WELLNESS \$493

Physical Examination

- Diabetes Screen
- **Cholesterol Screen**
- **Liver Screen**
- **Kidney Screen**
- **Haematology Screen**
- **Bone & Joint Screen**
- **Thyroid Screen**
- **Hepatitis Screen**
- **STD Screen**
- Can<mark>cer</mark> Screen
- Cardiac Risk Screen

Blood Group

Vitamin Screen

(Comprehensive)

- 25-Hydroxyvitamin D
- Folate (Folic Acid)
- Transferrin Saturation
- Iron, TIBC, Ferritin

Urine & Stool Analysis ECG Pap Smear Q

ZEST

Physical Examination

- Height & Weight
- Blood Pressure
- Vision

Diabetes Screen

- Blood Glucose Levels or
- Glucose (Random) & HbA1c (if non-fasting)

Cholesterol & Cardiac Risk Screen

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio, Triglycerides
- LDL Cholesterol or Direct LDL (if non-fasting)
- HS C-Reactive Protein (HS CRP)

Liver Screen (Full)

- GGT, AST, ALT
- Total Bilirubin, Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio

Kidney Screen (Full)

- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

Haematology Screen

- Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices
- Differential Counts

Bone & Joint Screen

• Uric Acid, Calcium, Phosphate

Thyroid Screen

Free T4, Thyroid Stimulating Hormone
 (TSH)

Hepatitis Screen

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen
- Hepatitis C

STD Screen

• HIV Antibodies, Syphilis (VDRL/TPHA)

Cancer Screen

- Liver (AFP), Colon (CEA), Gastrointestinal (CA-19.9), Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3), Ovary (CA-125)
- Prostate (PSA)

Blood Group

ABO Blood Group

Vitamin Screen

- 25-Hydroxyvitamin D
- Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin

Hormonal Screen

- Estradiol (E2)
- Follicle Stimulating Hormone (FSH)
- Progesterone
- Testosterone
- Luteinizing Hormone (LH)
- Prolactin

Urine & Stool Analysis

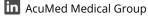
Urine FEME, Stool Occult Blood Test

ECG Pap Smear 9

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\$593

HEALTH SCREENING PACKAGES

PACKAGES	ACTIVE	DYNAMIC	ELEVATE	FRESH	GLOW	PRIME	REJUVENATE	STRENGTH	TENACITY	VITALITY	WELLNESS	ZEST
PRICE (BEFORE GST)	\$43	\$53	\$73	\$83	\$103	\$153	\$203	\$293	\$333	\$393	\$493	\$593
PHYSICAL EXAMINATION												
Height & Weight	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Blood Pressure Measurement	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Vision Test	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
INVESTIGATION												
ECG					\checkmark	\checkmark	 Image: A start of the start of	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
PAP SMEAR ♀									Ultra +\$30	\checkmark	\checkmark	\checkmark
DIABETES SCREEN - Measures the level of sugar in your blood												
Blood Glucose *Glucose (Random) + HbA1c (If non- fasting)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	~	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
CHOLESTEROL & CARDIAC RISK SCREEN - Determines your risk of developing cardiovascular diseases such as heart attack												
Full Cholesterol Profile *Direct LDL (If non-fasting)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
HS C-Reactive Protein (HS CRP)								\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
LIVER SCREEN - Determines the health of your liver												
Basic - GGT, AST , ALT		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Comprehensive - Total Bilirubin. Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio			\checkmark	\checkmark	\checkmark	\checkmark	~	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
KIDNEY SCREEN - Determines the	health of your kidn	ey										
Basic - Urea, Creatinine, eGFR		\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Comprehensive - Potassium, Sodium, Chloride, Bicarbonate				\checkmark	\checkmark	\checkmark	 	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
BONE & JOINT SCREEN - Identifies your risk of bone and joint disorders												
Basic - Uric Acid				\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Comprehensive - Phosphate, Calcium					\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
THYROID SCREEN - Measures the health of your thyroid gland, which produces hormones to regulate many body functions												
Free T4, Thyroid Stimulating Hormone (TSH)					\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark





HEALTH SCREENING PACKAGES

PACKAGES	ACTIVE	DYNAMIC	ELEVATE	FRESH	GLOW	PRIME	REJUVENATE	STRENGTH	TENACITY	VITALITY	WELLNESS	ZEST
PRICE (BEFORE GST)	\$43	\$53	\$73	\$83	\$103	\$153	\$203	\$293	\$333	\$393	\$493	\$593
HAEMATOLOGY SCREEN - Provides insight of your overall health and other conditions such as anaemia, blood infection and lukemia												
Basic - Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices			\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Comprehensive - Differential Counts				\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
ABO BLOOD GROUP												
Blood Group								\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
HEPATITIS SCREEN - Detects presence of liver infection and/ or disease and measures the level of immunity.												
Hepatitis A, Hepatitis Bs Ab + Bs Ag					\checkmark							
Hepatitis C						\checkmark						
CANCER SCREEN - Detects potential presence of cancer												
Basic - Liver (AFP), Colon (CEA)						\checkmark						
Comprehensive - Gastrointestinal (CA19.9), NasopharyIngeal (EBV EA + EBNA-1 IgA), Breast (CA - 15.3), Ovary (CA - 125) Q Prostate (PSA)							\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
STD SCREEN - Detects sexually tran	nsmitted diseases	L										
HIV, Syphilis (VDRL/TPHA)						\checkmark						
VITAMIN SCREEN - Provides insight	t/ measures the lev	vels of various vita	mins and minerals	in your body.								
25-Hydroxyvitamin D										\checkmark	\checkmark	\checkmark
Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin										\checkmark	\checkmark	\checkmark
HORMONAL SCREEN - Reveals info	ormation about leve	els of hormones in	your body									
Estradiol (E2) Folicle Stimulating Hormone (FSH) Progesterone Testosterone Luteinizing Hormone (LH) Prolactin												\checkmark
URINALYSIS - Detects possible conditions such as urinary tract infections, kidney impairment and presence of diabetes												
Urine FEME			\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
STOOL ANALYSIS - Detects for colorectal issues												
Stool Occult Blood Test									\checkmark	\checkmark	\checkmark	\checkmark
									V V	V V	v	v



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Some locations we are at

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^Scan our QR code to view more locations and clinic operating hours



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